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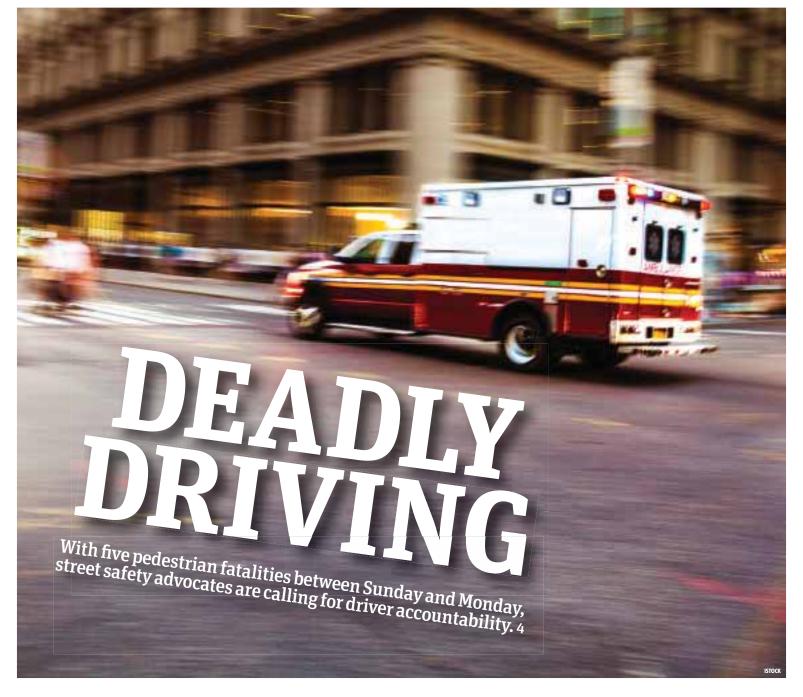
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How single women are making history. 17

Neko Case finds new satisfaction. 19



# **PASSED CITIZEN TEST**

The older of the two brothers behind the 2013 Boston Marathon bombing passed a test to become a U.S. citizen three months before the attack, the Boston Globe reported. Tamerlan Tsarnaev, a 26-year-old ethnic Chechen who had immigrated to the U.S. from Russia a decade before the attack, had correctly answered questions about American history and demonstrated proficiency in English But the U.S. immigration



onstrated proficiency in English. But the U.S. immigration officer did not immediately approve Tsarnaev's citizenship application. REUTERS

A senior official from Syria's main opposition group said on Monday that a fragile international attempt to halt nearly five years of fighting was in danger of total collapse because of attacks by government forces. The cessation of hostilities drawn up by Washington and Moscow faced "complete nullfication" because Syrian government attacks were violating the agreement, the official of the Saudi-backed opposition High Negotiations Committee said. France said there were reports of attacks on opposition forces in breach of the deal. REUTERS

At the last second, Elon Musk's SpaceX scrubbed plans to launch a Falcon 9 rocket on Sunday, again delaying an attempt to put an satellite into orbit and then land the vehicle's first stage intact on a sea platform, a step that may eventually slash costs. The 23-story rocket, carrying a communications satellite for Luxembourg-based SES SA, was less than two minutes from blast-off at 6:47 p.m. when the launch team aborted the countdowns. REUTERS



# FIRE MOM PLEADS GUILTY

The mother accused of setting her newborn on fire more than a year ago has accepted a plea deal to a lesser charge, Philly. com reported. Hyphernkemberly Dorvilier, 23, of Pemberton Township, New Jersey, now faces a sentence of 30 years in prison. She will be sentenced on April 22. The incident occurred over a year ago on Jan. 16, 2015, when Dorvilier, who reportedly hid her pregnancy from her mother and sister, took her newborn out to a street and set her on fire. MATLEE

# SUSPECT TO PLEAD GUILTY

A former hospital worker is expected to enter guilty pleas this week to the high-profile murder and abduction of two Virginia university students, prosecutors said on Monday. The suspect, Jesse Matthew Jr., 34, of Charlottesville, has been charged in the disappearance and death of University of Virginia student Hannah Graham in 2014 and of Virginia Tech student Morgan Harrington in 2009. He is expected to enter the guilty pleas during a pretrial hearing in Albemarle County Circuit Court on Wednesday, REUTERS

# **UNTAXED CIGS BUST**

A Queens man faces time behind bars after authorities discovered hundreds of thousands of untaxed cigarettes — along with counterfeit tax stamps — inside his garage last week. Ayad Sharhan, 34, of Ridgewood was arraigned on Feb. 26 on charges of criminal possession of a forged instrument, criminal possession of forgery devices, cigarette and tobacco products tax/attempt to evade or defeat tax, cigarette and tobacco products tax and possession or transportation of untaxed cigarettes with intent to sell. AMCY ALTAMIRAMO



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# Spate of hit-and-runs sparks outrage

Advocates call for stronger police enforcement, driver accountability after deadly weekend for pedestrians.



A deadly weekend that claimed the lives of five pedestrians throughout the city has shown that although last year was called the safest year on New York City streets, much still needs to be done.

Police are investigating three fatal hit-andruns that occurred Sunday in Brooklyn, Queens and the Bronx during which three men were killed. Later that same night, another pedestrian was fatally struck in the Bronx, but in that case the driver remained at the scene.

Then at about 8:34 a.m. Monday 77-year-old Carol Dauplaise was killed

as she attempted to cross Madison Avenue in Manhattan, allegedly by livery cab driver Buddhi Gurung — who was later charged with failure to yield to pedestrian and failure to exercise due care.

"The NYPD is aggressively pursuing the perpetrators. Investigators are examining video

footage from the area of each crash to identify those responsible to hold them accountable," said Wiley Norvell of the mayor's office on the hitand-runs. "The mayor will work closely with the State Legislature to enact tougher penalties

According to the NYPD, 21 pedestrians have been struck and killed as of Feb. 28 — compared with 20 in

the same time frame in 2015.

For Cristina Furlong, co-founder advocacy group Make Queens Safer, in order for reckless havior behind the wheel change, the follow must through on stronger enforcement and hold drivers accountable.

"Crimes are being committed

with fatal results," Furlong said. "NYPD has impact areas for drugs, prostitution, cellphone theft, but hit-and-run victims' families barely get a detective to return a call."

Furlong added that authorities should look into existing dangerous conditions on certain streets.

She also asked that insurance companies and auto body shops report any suspicious damage they find on vehicles to the NYPD.

"NYPD enforcement would be the fastest route to changing reckless driving behavior," Furlong said. "Drivers disregard other road users with no fear of consequences."

According to Caroline Samponaro, deputy director for nonprofit Transportation Alternatives, these recent fatalities provide an opportunity to show

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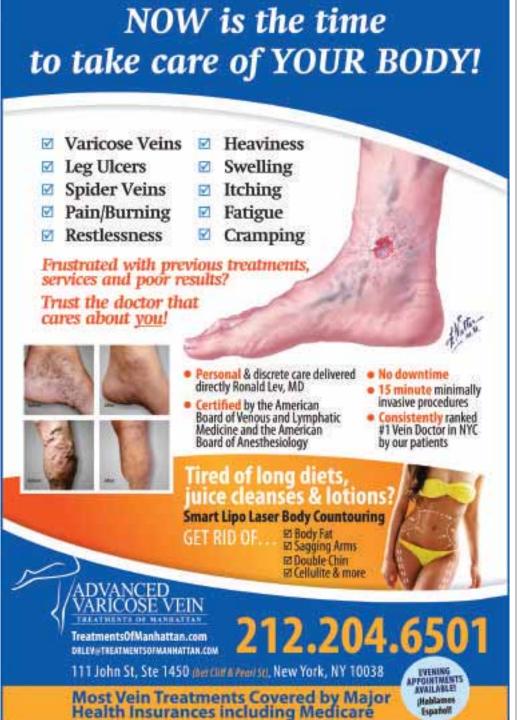
New Yorkers that reckless driving won't be tolerated.

She lieves that city and state officials must come together to come up with an action plan to deal with reckless driving and also renew the focus and bring resources to the NYPD investigation collision squad when it comes dealing

with hit-and-run cases.

Samponaro noted that changes in culture have created a social stigma against drunk driving, and hopes the same happens for reckless driving.

"Those are five families that are broken as a result of drivers not only doing something wrong, but doing something so indecent as to leave the scene," Samponaro said.





Pedestrians and vehicles crowd a city street. GETTY IMAGES

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# **BRIEFS**

### New York judge to decide if **Ted Cruz is American**

A New York judge will hear arguments today in a lawsuit that challenges Republican Sen. Ted Cruz's ability to run for president given that he was born in Canada.

State Supreme Court Justice David Weinstein will hear the claim of two men who contend that Cruz is not a citizen of the U.S. and is therefore ineligible to run for president, NBC has

reported. Cruz was born in Alberta, Canada.

Barry Korman and William Gallo will argue that despite Cruz's mother being an American, the senator is not a citizen because such status cannot be passed from parent to child, Newsday reported.

The defense of Cruz's place in the election is being argued by the New York Board of Elections, which put Cruz on the ballot, NBC added.

Cruz, a lawyer, was elected to be a senator from Texas in 2012. IASON NUCKOUS

### Severed horse head found in park

A person walking through a Manhattan park found a severed horse head in a cardboard box, and authorities are still trying to determine where it came from.

Around 11 a.m. on Sunday

at Harlem River Park, a woman walking near 190th Street found a cardboard box containing the gruesome contents, CBS reported.

Police said the box contained the severed horse head as well as other animal parts.

The Department of Sanitation arrived on the scene and removed the box, according

The NYPD was investigating the incident. JASON NUCKOLLS



Clinton Correctional Facility officer Gene Palmer, 57 PROVIDED

# **Prison guard** sentenced for escape role

Gene Palmer admitted he gave a screwdriver and pliers to two men who escaped a Dannemora prison last year.

An upstate New York correctional officer pleaded guilty on Monday to helping two convicts make a daring escape from a maximum security prison last year, and was sentenced to six months in jail and over \$5,000 in fines.

Gene Palmer admitted to charges that he gave a screwdriver and pliers to two inmates who escaped in June 2015 from the Clinton Correctional Facility in Dannemora, about 25 miles from the Canadian border in the Adirondack Mountains.

At least some of the tools smuggled to inmates David Sweat and Richard Matt were hidden in frozen meat provided by Joyce Mitchell, another prison employee.

After a three-week manhunt, Matt was fatally shot by a federal agent and Sweat was captured two days later.

Sweat, who was already serving a life sentence for killing a law enforcement officer, was sentenced in February to up to 14 more years for the escape.

Palmer pleaded guilty in Clinton County Court in Plattsburgh, New York, on Monday to two counts of promoting prison contraband, one a felony and one a misdemeanor, and official misconduct, a mis-

Clinton County District Attorney Andrew Wylie asked Judge Kevin Ryan to sentence Palmer to at least one year in county jail.

Palmer remained silent in court except to plead to the charges.

Before sentencing him, the judge cited Palmer's 28 years of otherwise unblemished service as well as his help in an ongoing state inspector general's investigation into the dramatic break.

Calling it an "egregious violation of your duties," the judge noted that Palmer had allowed Sweat to enter passageways behind prison cell walls, which helped the inmates plan their June 2015 escape.

Eventually the pair cut through a steel wall and slithered through a steam pipe before emerging from a manhole on the street outside the prison's

Mitchell, the prison employee who admitted helping the two convicted murderers by smuggling them tools, was sentenced in September to two-andone-third to seven years in prison.

The judge noted that Palmer said he had helped the inmates in exchange "priceless" information that helped keep corrections officers and other inmates safe in their often violent surroundings.

Palmer will resign from the corrections department, the judge said. After the escape, he was suspended from his \$74,644 a year job as a guard.



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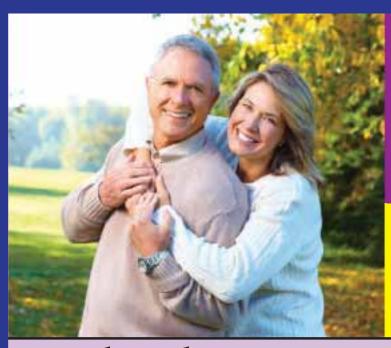
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# **BRIEF**

### Man who allegedly tortured roommate's cat allowed to return home Declan Garrity, the 24-year-old financial analyst accused of torturing his roommate's cat will be allowed to return to his apartment to collect his things, the New York Daily News reported.

Garrity will reportedly have a police escort as he collects his belongings from the apartment



where he allegedly abused his roommate's

"You will have to wait for an officer to accompany you to that location,"

Manhattan Criminal Court Judge Joanne Watters explained to him in court. "It's only for that time period"

The allowance comes on the heels of Garrity's former roommate registering a restraining order against him.

News of the feline abuse was first reported late last week. According to ABC New York, the roommate slowly started noticing the cat was acting strangely and developing injuries.

It wasn't until the cat's

owner took it to the vet that the owner learned "the fragile cat had actually been brutally beaten and tortured for weeks."

"Her injuries range from missing teeth and claws, to broken bones, and burns all over her body" ABC New York reported.

Garrity was arrested and charged with two counts of felony aggravated animal cruelty. MATTHEW LEE

# **Appeals** court halts **NYC** salt warnings



Some people just want to enjoy their lunch. EMILY ANNE EPSTEIN

Violators would have been subject to \$200 fines.

A New York appeals court on Monday temporar-ily stopped New York City from enforcing a new rule requiring chain restaurants to post warnings on menu items high in sodium, according to a lawyer for a restaurant group challenging the regulation.

A judge in the Appellate Division, First Department, granted an interim stay of enforcement of the rule, S. Preston Ricardo, an attorney for the National Restaurant Association, said. Starting tomorrow, violators would have been subject to \$200 fines. Justice Eileen Rakower of state Supreme Court in Manhattan last Wednesday shot down a challenge to the rule by the restaurant group, paving the way for enforcement of the regulation.

The rule, believed to be the first of its kind in the United States, re-

quires city restaurants with 15 or more locations nationwide to post a salt shaker encased in a black triangle as a warning next to menu items with more than 2,300 milligrams of sodium, the daily limit recommended by the federal government.

The city did not immediately respond to a request for comment.

A full panel of the court will decide, probably later this month, on whether to grant an injunction to keep the fines at bay until it rules on an appeal, Ricardo said.

Rakower found the city's Board of Health was within its rights to adopt the rule, which took effect in December, to help lower blood pressure and reduce the risk of heart attacks and strokes.

Years ago, the city banned transfats in restaurants and required chains to post calorie counts.

However, a proposed ban on selling sugary drinks larger than 16 ounces was struck down by the state's highest court in 2014. REUTERS

"We are gratified that the appellate court recognized the seriousness of the issues that we've raised on appeal."

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# Brooklyn judge denies request to unlock iPhone in drug case

A federal judge in Brooklyn on Monday rejected a Justice Department request to order Apple Inc to help law enforcement access data on a locked iPhone, in a ruling that bolsters the company's arguments in a growing privacy fight with the government.

The government sought access to the phone in October, months before a judge in California ordered Apple to give the government access to the phone used by one of the shooters in the San Bernardino attacks. U.S. Magistrate Judge James Orenstein

in Brooklyn ruled that he did not have the legal authority to order Apple to disable the security of an iPhone seized during a drug investigation.

The Justice

Department plans to ask a higher judge within the same federal district to review the matter in coming days, a department representative said.

Though the defendant in the case has already pleaded guilty, the Justice Department still believes the phone may contain evidence that "will assist us in an active criminal investigation," the official said.

When fighting the government's order to help extract data from the iPhone, Apple had argued that being forced to do so "could threaten the trust between Apple

and its customers and substantially tarnish the Apple brand," according to court records.

The case before Brooklyn was, according to prosecutors, the first time Apple had objected to law enforcement efforts to utilize search All Writs Act

Prosecutors have said that since 2008, Apple has complied with 70 such court orders based on the All Writs Act, a 1789 statute that grants federal courts broad power to issue "necessary or appropriate writs," without objection.

Orenstein said his ruling was not a decision on "whether the government should be able to force Apple to help it unlock a specific device; it is instead whether the All Writs Act resolves that issue and many others like it yet to come."

warrants to get the tech company to provide assistance and unlock iPhones seized during investigations. But since October, when Apple first asked Orenstein to deny the government's request, Apple has objected to helping officials access at least 12 devices. REUTERS



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# Navy SEAL awarded the Medal of Honor

Edward Byers, 36, was the sixth Navy SEAL to receive the Medal of Honor.

President Barack Obama on Monday awarded the country's highest honor for valor to Navy SEAL Edward Byers, who used his body to shield an American hostage from gunfire during a rescue operation in Afghanistan.

Byers, 36, was the sixth Navy SEAL to receive the Medal of Honor and 11th living service member to be awarded the honor for actions in Afghanistan.

Obama said the White House ceremony for Byers offered a rare public opportunity to acknowledge the work of the military's special operations forces, who often serve in the shadows.

"We may not always hear of their success, but they are there in thick of the fight, in the dark of night, achieving their mission," Obama said. "We sleep more peacefully in our beds tonight, because patriots like these stand ready to answer our nation's call and protect our way of life, now and forever."

Byers, who joined the Navy in 1998 and has been deployed overseas 11 times, was honored for his actions during a December 2012 mission to rescue Dilip Joseph, an American doctor taken hostage in Afghanistan.

Held in a remote valley, in a small singleroom building surrounded by the Taliban, Joseph had been told by his captors the Americans were not coming for him.

"Well, they were wrong," Obama said.

Byers and his team moved under the cover of darkness to the building where Joseph was held, but were spotted by a guard when they were about 25 meters (yards) away, according to an account on the Navy's website.

The SEALs rushed to the doorway and Byers ripped down the six layers of blankets that covered the entryway. Another member of Byers' SEAL team, Chief Petty Officer Nicolas Checque, entered the building and was immediately shot. Checque later died from his wound.

When Byers entered the building, he engaged in hand-to-hand combat with one guard, then flung his body on top of Joseph to shield him from the firefight in the room.

While shielding Joseph, Byers fought with another guard and was able to pin him to the wall. REUTERS



President Barack Obama presents Navy Senior Chief Edward Byers Jr., 36, with the Medal of Honor during a ceremony in the East Room of the White House on Monday in Washington, DC. GETTY IMAGES



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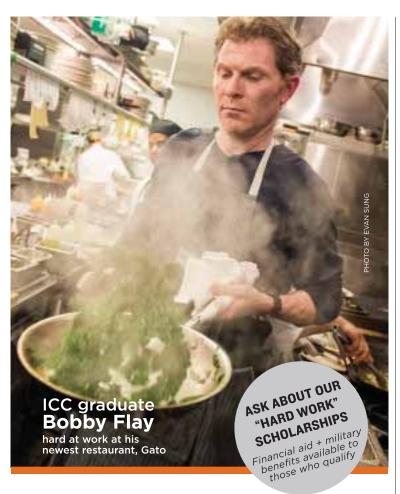
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# North Carolina police officer shoots and kills suspect, sparks protest

A Raleigh, North Carolina, police officer on Monday killed a man who was fleeing arrest, authorities said, and a local TV station reported protesters chanting "black lives matter" at the scene.

Raleigh police did not give the race of either the officer or the dead man. But a black woman who identified herself as the victim's mother told local television the officer was white and that her son was shot in the back as he ran away.

Raleigh Police Chief Cassandra Deck-Brown told reporters that the suspect was running from an officer who sought to arrest him for a drug offense. He was shot near a convenience store just after 12 p.m. A gun was found near the body.



People gather at the scene of the shooting in south east Raleigh, North Carolina. FACEBOOK

The deaths of African-Americans, many of them unarmed, at the hands of police over the past few years have sparked a debate around the United States and on the presidential campaign trail. The Black Lives Matter movement sprang up following deaths in Ferguson, Missouri, and elsewhere.

The American Civil

Liberties Union's North Carolina chapter posted on Twitter that a vigil would be held for the vic-

Police did not release the name of the officer nor of the man who was killed and have not released further details about the incident.

The woman who identified herself as the dead man's mother, Rolanda Byrd, told local media that she had heard from "four or five people" that her son, Akiel Denkins, was "shot seven times by a white officer with a bald head."

Deck-Brown said the State Bureau of Investigation and the police department will investigate and send a report to the City Council within five business days. REUTERS



Usually, Friday is hands-down the most important day (happy hour hot wings, anyone?) but this week, Tuesday takes the title. That is when, for the Democrats, 11 states plus American Samoa, and for the Republicans, 13 states will make their choices for the party nominees. It's called Super Tuesday, and it dominates my three things you must watch this week in politics.

1. SEC SHELLACKING? For a while it looked like Hillary Clinton had learned nothing from her 2008 drubbing at the hands of Barack Obama. Once again an apparent long shot candidate was making her seem not inevitable — but entirely beatable. In South Carolina, however, she proved she has juice with African-American voters and today could spell doom for Bernie Sanders. Sure, he could do well in places like Colorado, but an awful lot of delegates will be determined by Alabama, Georgia, Arkansas and other Southern strongholds.

# TOM **FOREMAN**

**Opinion** 

CNN's Tom Foreman is the author of the new book "My Year of Running Dangerously."



Watch to see if Sanders can somehow beat the polls and keep the race competitive — or if he starts looking like a guy ready to head home.

2. LAST HAND? On the GOP side, only one thing matters: Can anyone grab enough delegates to derail Donald Trump? The New York billionaire heads into today with a big lead, and seemingly every card coming up an ace. If he lays down another hot hand today, a few more of the remaining Republican contenders could fold. That will raise hopes in some camps that finally the base will coalesce against Trump um, but I wouldn't bet on it.

3. WHO'S GOT THE MO? So let's say by Wednesday morning we pretty much know whom the nominees will be. If that is the case, watch the race pivot fast to the single most important question: What kind of enthusiasm is greeting each party's chosen candidate? To put it more simply: If Trump is the guy, and he once again draws massive numbers of new voters today (as he has so far) brace yourself for what could be a wildly unpredictable charge to the general election finish line.

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# Hecklers disrupt Trump rally, photographer shoved to the ground

A Donald Trump rally in Virginia was repeatedly disrupted on Monday by protesters, including some from the Black Lives Matter movement, in a stark display of the divisions the Republican front-runner's presidential campaign has long been accused of sowing.

A Time magazine photographer trying to document the exit of dozens of black protesters from the rally in southwestern Radford, Virginia, was grabbed by the neck and shoved to the ground by a U.S. Secret Service agent.

Trump taunted the protesters, shouting "Are you from Mexico?" at one of them. Supporters in the audience confronted the hecklers in angry, face-to-face exchanges.

As black protesters were escorted from the



Trump speaks at a rally, GETTY IMAGES

rally, the crowd around them began to chant, "All lives matter.

Trump waited for the scene to quiet down before saying, "Folks, you're going to hear it once: All lives matter." The crowd roared with applause.

The Trump rally took place on the eve of Super Tuesday, the biggest voting day in the race to pick the 2016 presidential nominees for the November election. A number of Southern states including Virginia are holding contests on Tuesday and opinion polls show Trump is likely to consolidate his status as favorite to win the Republican nomination.

whether Trump would be damaged by support from white supremacists. He has risen in opinion polls and won three of four early nominating contests while proposing a temporary ban on Muslims entering the country, calling Mexican immigrants criminals and insulting women.

On Monday, the protesters disrupted Trump's remarks several times for long stretches, prompting him to shout to security guards several times, "Get them out please, get them out.

Time photographer Chris Morris was on the fringe of an enclosed media section when he was seized by an agent from the Secret Service, which has the job of protecting the president and some White House candidates.

"I stepped 18 inches out of the (press) pen and then he grabbed me by the neck and started choking me and then he slammed me to the ground," Morris told CNN at the scene. REUTERS

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# **BRIEF**

### Four students wounded in Ohio school shooting

Four students were wounded on Monday after a shooting at a high school in southwest Ohio, and one suspect was in custody, according to officials.

Two students at Madison Jr./Sr. High School in the city of Middletown were shot and taken to the hospital with nonlife-threatening injuries, school district and Butler County sheriff's officials said.

Two more students were also hurt, possibly by shrapnel, law enforcement officials said.

Butler County Sheriff Richard Jones identified the shooter as 14-year-old James Austin Hancock. Hancock, who was a student at the school, ran away after the shooting. Officials said they have a motive for the shooting, but they declined to

Hancock was being charged with two counts of attempted murder, two counts of felonious assault, inducing panic and making terroristic threats — all

felony offenses.

The shooting victims — Cameron Smith, 15, and Cooper Caffery, 14 — were in stable condition, Jones said. Brant Murray, 15, and Katherine Doucette, 14, suffered minor injuries.

The shooting occurred about 11:30 a.m. local time, when Hancock entered the school cafeteria and began shooting, Jones said. Hancock then threw the gun away and ran off, but was later caught.

The gun appeared to be a .380 caliber semiautomatic handgun, Jones said.

The cafeteria had students inside and lunch trays were scattered everywhere, Jones said.

"All students are safe at this time," the district said on its website and on Facebook. Local schools were placed on lockdown and students were dismissed early.

Middletown is about 23 miles southwest of Dayton and 38 miles north of Cincinnati.

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# Sam Smith riles the gay Hollywood establishment

Newly minted Oscar winner Sam Smith probably meant no harm with his acceptance speech for the Bond track "The Writing's on the Wall," but it's still not sitting well with other gay Hollywood power players. While accepting his award, Smith said, "I read an article a few months ago by Sir Ian McKellen, and he said no openly gay man had ever won an Oscar. If this is the case — even if it isn't the case want to dedicate this to the LGBT community all around the world." Here's the thing: That definitely wasn't the case. McKellen's comments were specifically about the Best Actor category, which no openly gay man has

won. Plenty of openly gay men have won other Oscars. Including Dustin Lance Black, who won for writing the script for "Milk and is engaged to Olympic diver Tom Daley — and who isn't too happy with Smith: "Hey Sam Smith," Black tweeted, "if you have no idea who I am, it may be time to stop texting my fiancé." Oh, damn.

That's rough.

PHOTOS GETTY IMAGES

# Mike Tyson gossips about Brad Pitt and Robin Givens

It's never too late to spill some secrets on famous exes, right? At least that's what a mildly embarrassed Mike
Tyson assumed when he stopped by to visit the ladies of "The

Real" and

unloaded



an anecdote about the first time he met Brad Pitt — because Pitt was coming home to get busy with Tyson's soon-to-be ex-wife, Robin Givens. Awkward, no? "I didn't really catch them in the act. Maybe right before the act," Tyson offers. "I was driving, and before going to my divorce lawyer I decided to go by the house that we lived in and get a rump session before I went to my lawyer. Everybody does that before they get divorced." They do? Learn something new ev-

ery day. Anyway: "When I saw her car coming I thought it was her and one of her girlfriends from the show, but it's not. It's a guy. And then I got mad — and of course I'm jealous at that time. A little bit now," he remembers. But a potsmoking — at least ac-cording to Tyson — Pitt quickly set him at ease. As Tyson remembers, Pitt was all, "'Hey, dude.' We met each other, and that was my first engagement with him. He was a really nice guy." Well, that deescalated quickly.

# Leo's Oscar date? His trusty vape pen



was pretty much a given that after finally getting his Oscar, Leonardo DiCaprio was going to be wrapping his lips around something in celebration. And it turned out to be his trusty vape pen. The "Revenant" star was spotted puffing up a storm at a party hosted at Ago restaurant in L.A. following the awards, according to TMZ. But he carefully pocketed it before heading outside to

face the paparazzi. Luckily he had some other accessories to distract him. When DiCaprio and his posse departed the restaurant, someone rushed out to the SUV to bring him both an Evian bottle filled with suspiciously un-water-like liquid and his Oscar statue, which had been left inside. That was close.

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# How single women are shaping the election

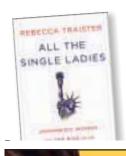
Plus, how the rise of independent women is affecting men.



EMILY LAURENCE **@EmLaurence** emily.laurence@metro.us

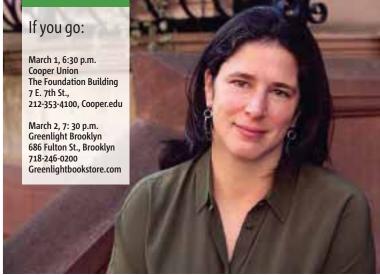
When Rebecca Traister began writing "All The Single Ladies" five years ago, it marked the first time that single women outnumbered married women in America. Today, only 20 percent of Americans are married by age 29. We call her up to see exactly what political issues single women are shaping this election year.

Do the political issues single women are raising



affect men as well? Women may be living independently from marriage, but they are not living independently from men. One of the things that's happened is women are being coearners. Men are slowly becoming co-parents. [Political issues] like paid parental leave, child care, a higher minimum wage - all of this impacts women as well as men.

Do you see differences in the political issues that single women are championing across race and income level? Of course. The majority of minimum-wage workers are female, and a huge percentage of them are single mothers. Raising the minimum wage and increasing welfare benefits would have an impact on low-income strata. Subsidized affordable day care and age 0 to 5 education would have a dramatic impact for the lower-income community.



Rebecca Traister's book "All the Single Ladies: Unmarried Women and the Rise of an Independent Nation" is out today. ELIZA BROI

People without economic advantages have to look to government and need a social network that can permit them to live freely and to reproduce and to work with no penalty simply because they are

female and not wealthy.

What about if a woman is single by choice or by not? Are they still lobbying for the same things? One of the interesting things is that regardless of your own personal status, a lot of the social policies would benefit all women. Paid leave is [one] example. Would it disproportionately alter the life of a single mother who can't afford child care? Yes, but

would it also benefit the high-earning woman who is married? Yes. It would benefit the married father who could apply it to his own career and stay home with his kid, too.

How else is the rise of single women affecting men? The book is not so much about suggesting that unmarried life is better than married life. It's more about what happens when you remove the constricting model of one way to live adult life, starting with an early [heterosexual] marriage. That has depressed women's opportunities economically, sexually, socially and domestically more than it has for men. But it hasn't necessarily been the right fit for men, either. Being hustled by society into a lifelong partnership with the person you like when you are 22 isn't something that has always been emotionally rewarding for women or men. I think it's great for men.



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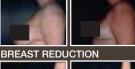














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# Michelle Yeoh can still kick butt

At least the actress didn't get hurt making the second "Crouching Tiger, Hidden Dragon. MATT PRIGGE @mattprigge Michelle Yeoh wouldn't say she was reluctant to do 'Crouching Tiger, Hidden Dragon: Sword of Destiny." The film, hitting Netflix and select theaters Friday, is the belated sequel to the 2000 hit, which smashed box office records and was a serious Oscar contender - here in a country where Asian martial arts cinema was before then (and mostly since, too) largely consumed by rabid cult audiences. But she wanted to get it right, even if it's a follow-up missing people like director Ang Lee and actors Chow Yun-Fat and Zhang Ziyi. Still, the legendary actress, now

53, insists being different is a good thing.

The first "Crouching Tiger" was a very different martial arts movie: slower, with lots of character development. How did you feel about that at the time, given your long history with more traditional martial arts films?

I had just come off Tomorrow Never Dies," the Bond movie. I met with Ang Lee, who said, "I want to do 'Sense and Sensibility' with martial arts." He described it like a watercolor painting coming to life. It was a memorable journey, but it was also one of the most painful moviemaking experiences I had. During the last hour of the first action sequence [the one where she runs on the rooftops], I tore my ACL. I needed surgery. You couldn't tell the difference, could you? If you watch the movie you see me walking slowly. That's because I had a big brace under those baggy trousers. It took me three



Michelle Yeoh returns for "Crouching Tiger, Hidden Dragon: Sword of Destiny," which hits Netflix Instant and select theaters Friday. NETFLIX

months to recover, to be ready for the last fight sequence.

How often have you gotten hurt on set? It happens. I've hurt my neck, my back, my ribs. There have been more than a few scratches and bruises along the way.

How do you feel doing action nowadays? Donnie Yen, your co-star here, has talked about retiring, or at least scaling back, on martial arts because he's in his 50s.

When I've had injuries, I've actually improved and strengthened those parts of the body. You have to work on it. But I also have a great love and passion for any kind of movement. I'm in training every day, even when I'm not doing an action film. I have to do something physical, whether I'm hiking or at the gym. I don't know how long I'm going to be able to do this — or how long I want to do this — but right now I'm able to do it, so let's kick some a-.

Unlike the first film, this is in English. You've talked about hating speaking Mandarin in the first film, which you had to do phonetically, whereas you speak English fluently. [Laughs] I was greatly relieved when it was going to be done in English. At the end of the day, I think it's important that it transcends the language. In the past it mattered to me, that it had to be in the original language. I had so many rules. But now I'm more relaxed about it.



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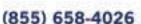
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# A case for Neko Case

The venerable artist discusses her careerspanning box set. MARGARET H.

Neko Case needs no introduction. The 45-yearold musician's career is one to marvel at: lending her vocals to the beloved Canadian indie rockers, The New Pornographers; spanning genres, from country to experimental, as a multi-decade solo artist. Case released "Truckdriver, Gladiator, Mule," an eight-record catalog of her solo work from ANTI Records in late November. She chats about how the set came to be and how she's grown as an artist – oh, and that time she

What does it feel like to be a musician with a career long enough to justify a retrospective

guest-starred on "Aqua Teen Hunger Force.'

It feels pretty surreal. Apparently, people don't usually do this until like, they die. People keep being like, "Why did you do that?" and I'm like, "Because I didn't know I couldn't do that, basically." It only spans my own solo career, so there are all kinds of other stuff I'm working on getting together for later.

One aspect of releasing this box set is spending time with recordings from very early in your career. Are there any songs from that early period that you're especially excited to revisit?

It was really nice to go back and revisit things off "The Virginian," because at that point in my musical career, I'd played in a

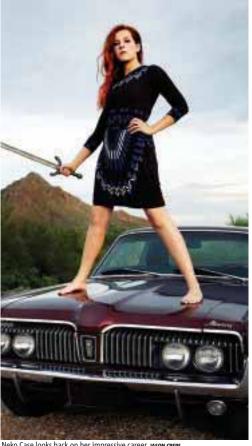
lot of bands and stuff but I didn't know a lot about music. So I didn't know things like, if there's a song that's a little out of your range, you can actually change the key. Like "Duchess," is in a key I could not really sing in, which is kind of ridiculous. Now that I'm playing it live, I can change it into a key I can actually sing.

That must be really satisfying.

Yes and it's embarrassing, but it's one of those things where you've just got to own it. I realized I was pretty much learning in front of my audience and I'm OK with that. If you don't care, and you're brave enough to share recordings from before you knew everything can be fun.

A lot of your songs depict

you as kind of a genderless force of unruliness. But, when your voice is used in other projects, it's often cast as hyperfeminine, like when you played a siren on "Aqua Teen Hunger Force.' What is that like? Sometimes I write songs from the perspective of characters. In fact, that's what I usually do; they're usually kind of stories. And, if they're about me, they're generally kind of genderless or genderslippery. For "Aqua Teen Hunger Force," I was just going to do whatever they said. They could have told me to be a paramecium and I would have been like "Yeah! Let's do it!"



Neko Case looks back on her impressive career MSON CREPS





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of this nourishing and warming stew. It's full of nutritious ingredients thanks to baby kale and fennel and our favorite protein-packed quinoa. A chipotle in adobo sauce and a stick of cinnamon add a little heat and sweetness to the delicate broth. The stew gets topped with feathery fronds and a last drizzle of olive oil for a fragrant finish. Cook,

relax and enjoy!

Cooking time: 30 minutes Attributes: vegan, medium-spicy Calories: 695 kcal/person Allergens: sesame

### What we send

- •1 cup quinoa (6 oz)
- •1 medium shallot (2 oz)
- •2 cloves garlic
- •1 small fennel bulb (with a bit of stalk + . fronds) (6-8 oz)
- •2 celery stalks (5 oz)
- •1 chipotle chile in adobo (La Morena) (1 @ 1 oz)
- •1 can great northern
- beans (15 oz) •1 cinnamon stick (0.2
- •1 box chopped tomatoes (Pomi, 26.5 oz)
  •4 cups baby kale (3 oz)

### What you need

- •coarse salt
- olive oil
- •freshly ground black pepper

## Equipment

- •small saucepan
- strainer
- medium pot

**Directions:** Cook quinoa

Rinse quinoa in a fine mesh sieve. Bring quinoa, a pinch salt and 2 cups water to a boil in a small saucepan over high heat. Cover, reduce to low, and simmer until tender and water is absorbed, 15-20 minutes.

**Prep ingredients** Peel and finely chop shallot and garlic. Trim

tops and fronds from fennel bulb. Core and chop bulb and set tops and fronds aside. Thinly slice celery. Remove seeds from chipotle and finely chop. Drain and rinse white beans.

Add aromatics Heat 2 tablespoons oil in a medium pot over mediumhigh. Add shallot, garlic, fennel and celery and cook, stirring often, until softened, about

5 minutes; season with 1 teaspoon salt. Add chipotle and any sauce (use less for less heat) and cinnamon stick and stir to

Add beans and tomatoes Add the beans and tomatoes and stir to combine. Bring to a simmer and cook, partially covered, until slightly reduced 10-15 minutes.

Chop fennel tops Meanwhile, thinly slice reserved fennel tops and

Finish stew Add baby kale to stew and cook, stirring, until just wilted, about 3 minutes. Season to taste with salt and pepper. Serve over quinoa, topped with fennel tops and fronds and a drizzle of oil.

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It wasn't until activist Jasmin Singer's life was in jeopardy and she was forced to change her eating habits that she discovered who she really was.



EMILY LAURENCE @EmLaurence emily.laurence@metro.u

When activist Jasmin Singer became a vegan when at 24, it wasn't because she was joining a trendy food craze, like going gluten-free or giving up carbs. To her, it was a stand against the way animals were treated, solely for human consumption. "I consider eating a deeply personal, politi-cal act," she says. "For me, veganism was an extension of my worldview, not my personal preference.

# Becoming a junk food vegan

As she shares — sometimes brutally and blatantly — in her memoir "Always Too Much And Never Enough," Singer was emotionally abused by bullies as a child and young adult, and she used food to comfort

herself to the point where she says she was addicted. Going vegan didn't change that. "I ate a lot of processed food and rarely ate a vegetable," she says.

It wasn't until I was 30 and my doctor told me I was on my way to heart disease that I started to realize I couldn't effectively advocate for animals or anyone else if I wasn't advocating for myself," she says. After this realization, Singer totally changed her eating habits, giving up processed food and eating lots of fruits and veggies. As a result, she lost 100 pounds.

## **Breaking free**

For the first time, Singer couldn't turn to junk food to comfort herself. "Only when I was able to have this break from thinking about food was I able to look at the reasons why I felt so compelled to eat row after row of Oreos which are vegan by the way," Singer says.
"I realized there were a lot of aspects of my life I was suppressing that needed to come out." Feeling freed, Singer fully embraced

her sexuality as a queer woman, and let go of the way a lifetime of bullying had held her back.

But it's not always easy. Singer says in times of stress, it's still tempting for her to turn to food, but she is now able to recognize how she's feeling and direct her energy elsewhere—namely to her advocacy for animal rights.

But to Singer, her road to self-discovery is about much more than her veganism. "My book is not a book about how to be vegan or even how to lose weight," she says. "It's for people who are interested in emboldening themselves and becoming better versions of who they are."



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# How your workout affects your mood

The Nalini Method creator Rupa Mehta tells us how transforming your mind can also transform your body.



**EMILY LAURENCE** 

MERKENES

For most people, hitting the gym or heading to a yoga class is mostly about the physical benefits. But 17-year fitness instructor Rupa Mehta has created a

whole workout that helps makeover your mind as well as your

There's a mindbody connection," she says. "We carry emotional weight as well as physical weight." Mehta explains that it's easy to get obsessed with physical weight, but people often ignore the words and thoughts they digest that can weigh on your mind. It's why she wrote "7 Workouts For 7 Moods." We get the lowdown from her

"I can't tell you how

many times I hear peo-

ple say, 'I'm too pissed to work out,'" she says.

Your mood really affects your workout."

Mehta created seven

different workouts for

seven different moods

to help people channel

their emotions during



their workout to give the body and mind something beneficial. You can literally work through your problems and find solutions while you work out.

Each workout, outlined in her book, has a different mantra to keep in mind throughout the duration. For the "doubt workout," for example, the mantra is, "No one can take away your happiness." For the "anger workout," the mantra is, "The solution is born before the problem. "It forces people to see that they are their own teacher and they can motivate themselves," Mehta says.

## **Body**

The workouts themselves are a mix of yoga, Pilates, strength-training and barre moves, timed to be 25-minutes and structured to be

something you can do anywhere, without any extra equipment. It's essentially a mood-reflect-ing flow. "The 'happiness workout' is bouncy and also gives you the meditative space to say 'thank you,'" Mehta explains.

The "anger workout" is designed to get your adrenaline going and channel your energy, and get rid of all that heavy emotional weight, something Mehta says can be even more effective than getting your frustration out through something like boxing. "Boxing is awesome, but while you might get the adrenaline out, you aren't focused on finding solutions and [emotionally]

connecting," she says.
"Going deeper in the mind-body connection is really owning the mood and by owning it, you become emotionally lighter.'

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\* Maximum of \$50 per month. Unused amounts do not carry over.

# **SLATE ON SOCCER:** TOUCHING ON LEICESTER CITY AND THE FUTURE OF THE USMNT

OPINION

RICH SLATE

There truly has never been a better time in the United States to be a soccer fan than right now. Thanks to extensive TV coverage with NBC & NBCSN (English Premier League) and Fox Sports 1 (Champions League, Europa League, Bundesliga and FA Cup) and social media, you can easily follow the top clubs and players from around the globe. Between that and the spectacular FIFA video games, it's no wonder that younger generations in the U.S. love the game like never

# Everyone loves an underdog story

Without question, the best current storyline in world soccer, and maybe sports in general, has to

be Leicester City (16-8-3). The Foxes are only in their second year back in the EPL after a 10-year absence but two-thirds of the way through the season, they are amazingly at the top of the table (standings) in front of such juggernauts as Arsenal, Manchester City, Manchester United and Chelsea. Leicester City is two points ahead of second-place Tottenham, five ahead of thirdplace Arsenal and nine ahead of fourth-place Manchester City (who has a game in hand). Finishing in the top four ensures a spot in next year's Champions League - which is great and all, but winning the league crown would be the ultimate honor for Leicester City. They have been led by English striker Jamie Vardy (19 goals, 4 assists) and Algerian midfielder Riyad Mahrez (15 goals, 10 assists) who are quickly becoming superstars.

# The best of the best

Speaking of the Champions League, the Round of 16 matches started two weeks ago (best-of-two series) with the second legs beginning next week. Top to bottom, I think that the English Premier League is the best but competitions like this prove that the latest powerhouse teams (namely defending champion Barcelona, Bayern Munich, Real Madrid, etc.) reside in other countries. The scores from the two matches are added together and away goals are the first tiebreaker used when deciding who advances to the next round. Barcelona (at Arsenal) and Real Madrid (at Roma) each picked up 2-0 wins so they look like good bets to reach the quarterfinals, but Bayern Munich settled for a 2-2 draw at Juventus so



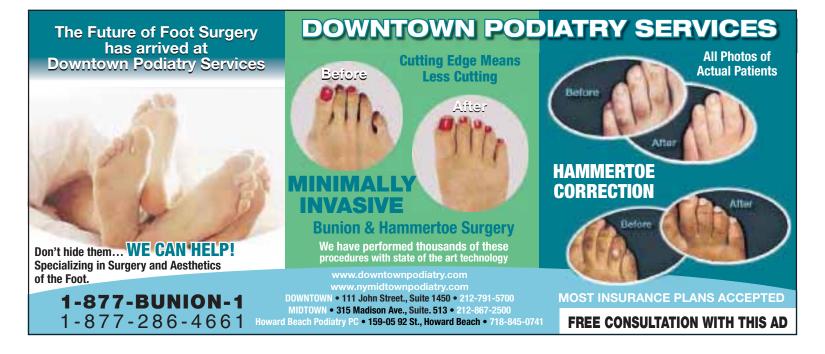
Leicester City's Leonardo Ulloa celebrates a goal against Norwich City this past weekend. GETTY IMAGES

they'll have to work a little harder. Manchester City put themselves in good position to advance further than they ever have with a 3-1 win at Dynamo Kyiv.

# Problems in goal for the USMNT

People can get wrapped up in single results (like last summer's terrible loss to Jamaica in the Gold Cup) but the bigger picture is that the U.S. men's national team has never been in better shape under head coach Jurgen Klinsmann. Their goalkeeping situation is becoming a real issue, however. The starter, Tim Howard, reportedly is leaving Everton (EPL) for the Colorado Rapids. Additionally, his backup Brad Guzan's English club Aston Villa (EPL) has been stuck in last-

place virtually all season and their relegation looks almost guaranteed. Howard is 36 and he had lost his starting job at Everton, so going to MLS is disappointing but shouldn't be that much of a surprise. Guzan is only 31 and should be in the prime of his career but he was also benched so he should look for a transfer elsewhere (hopefully not stateside).



METRO.US TUESDAY, MARCH 1, 2016

# Mets, Yanks spring training notebook



The Mets will get a good look at Logan Verrett this week. GETTY IMAGES

A glance at the baseball happenings in Florida.



Metro has your notables and quotables from Mets and Yankees camps:

### Mets

The Mets have their rotation set for their first spring training games on March 3 and 4. When the Mets square off with the Nationals on Wednesday they'll start Rafael Montero (1-4, 4.14 ERA in 54.1 career innings), who hasn't seen action since injuring his shoulder in April of last season. Gabriel Ynoa and Jeff Walters are also expected to get work in. Ynoa comes off a career high 152.1 innings for Double-A Binghamton in which he logged a 9-9 record and a 3.90 ERA. Walters (3-0,

2.45 ERA at all levels) was quickly moving through the lower farm ranks before injuring his elbow in 2015, which required Tommy John surgery. This will be a big step in determining whether or not the 27-year-old hurler still has a major league future.

On March 4 against Miami, the Mets will start Logan Verrett, a waiver-wire pickup who turned in some fine spot starts during 2015. Buddy Carlyle, a 38-year-old journeyman who's provided bullpen depth over the last few years and Zack Thornton, who turned in a 44 record with a 3.94 ERA in Triple-A Las Vegas last season, will be behind Verrett.

Erik Goeddel recently had an awkward golf outing with his brother – Phillies minor-league outfielder Tyler Goeddel. Chase Utley, who infamously barreled into and injured Ruben Tejada in Game 2 of the NLDS last season, was on the course with the Goeddels as well, and it wasn't too long before last postseason's incident was brought up.

"I didn't really want to talk about it, I don't think [Utley] really did either ... it just came up," Erik Goeddel told the Daily News. "He understands [why the Mets are upset]. He definitely knows there's something coming. He said, 'Just don't peg me in the head."

### Yankees

Nathan Eovaldi, whose season ended prematurely in September due to elbow inflammation, missed a scheduled bullpen session on Thursday due to a minor groin issue. He's now slated to get that session in on Tuesday after throwing from flat ground on Sunday. Eovaldi recently gave an interview to the New York Post, and when asked if New York could become a "Mets town," he tersely

replied: "No, I don't think

Eovaldi also spoke at length about why he's so confident in the Yankees' chances this season.

"We're gonna have a great team this year. Everybody's sleeping on us." Eovaldi also believes a 20-win season is in the cards for him. "With the bullpen that we have backing us up ... I can go out there and do my job and I got Dellin [Betances], [Andrew] Miller and [Aroldis] Chapman coming in and slamming the door."

The Yankees' thirdbase situation is a little murky in the early stages of spring training. Chase Headley is the undisputed starter, but his backup is still to be determined. Rob Refsynder has gotten some practice at third, but the career middleinfielder still has a long

way to go.
"We won't put him
at third until he ... feels
comfortable," Joe Girardi
told reporters recently.

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Pursuant to a Judgment of Foreclosure and Sale duly filed on September 18, 2015, I, the undersigned Referee will sell at public auction at the Queens County Courthouse, Courtroom 25, 88-11 Sutphin Boulevard. Jamaica, NY on March 11, 2016 at 10:00 a.m., premises known as 172-27 127th Avenue, Jamaica, NY. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Queens, County of Queens, City and State of New York, Block 12518 and Lot 59.

Approximate amount of judgment is \$655,889.91 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index # 25374/09.

Thomas R. Purcell, Esq., Referee

Knuckles, Komosinski & Elliott, LLP 565 Taxter Road, Ste. 590 Elmsford, NY 10523 Attorneys for Plaintiff

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<sup>\*\*</sup> Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria

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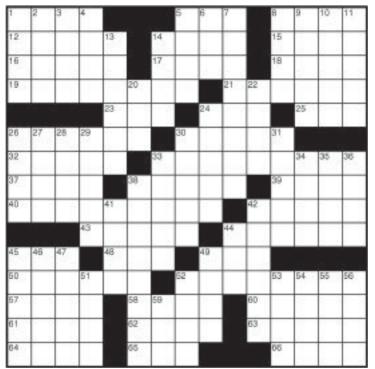
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- 24 Harper Valley org.
- 25 Travel on powder 26 Fuse unit
- 30 Put on the late show
- 32 Cool!
- 33 Kind of effort (hyph.)
- 37 Muscle-car dial
- 38 Planck's "thanks"
- 39 Ashram figure
- 40 Character
- 42 Better quality
- 43 Polygraph flunkers
- 44 Household funds 45 Ms. Gardner
- 48 Kid's ammo
- 49 Objective
- 50 Gauzy trap 52 Premature
- 57 Mme.'s daughter
- 58 NFL broadcaster

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- 60 Undeliverable mail
- 61 Fifty-fifty
- 62 Scare the chickens
- 63 Persona non -
- 64 Prepare laundry
- 65 Half a score
- 66 Iowa college town

- Down 1 Little foxes
- 2 Fix a manuscript
- 3 Zilch
- 4 Larger life
- 5 Game marbles
- 6 Bullring yell
- 7 Say it wrong

- 8 Clarified butter
- 9 Singers Hall and -10 "Wellaway!"
- 11 City in India
- 13 No newbie (2 wds.)
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- 22 Invoice stamp 24 Like a gnat
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- 35 Subarctic tribe
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- 45 Crowning points
- 46 Saab competitor
- 47 More up to it
- 49 Cato's year 51 Left
- 52 Hit (discover)
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- 54 Semester ender
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- 59 Seashell seller?

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Aries Play by the rules in order to avoid interference. Use lessons learned from experience to help you cut through any red tape you face. Trust your judgment.



Taurus Don't let stubbornness stand in your way. A day trip will present an opportunity that will encourage you to use your skills diversely. Someone will disappoint you.



Gemini Strive to look at things from a unique perspective. Taking a different approach to relationship and whatever task you are handed will impress someone with clout.



Cancer You will be able to outsmart someone trying to horn in on your plans. Improve your life by initiating practical changes that will not result in debt.



Leo A change in partnerships or contractual arrangements will be to your benefit. Express your interest in helping the children or elders in your life in exchange for a small favor.



Virgo Initiate talks with people you feel can contribute to something you are trying to master or get up and running. Success will depend on the team you pull together.

# Yesterday's answers



Can't wait until tomorrow to check your answers? Visit metro.us



**Libra** Check out an opportunity to delve into romance, adventure or travel. A positive suggestion to someone you love will bring about changes that will improve your life.



Scorpio Be cautious when discussing your domestic situation or making changes to it. You are best off having a foolproof plan in place before you try to sway someone.



Sagittarius Problems with friends and authority figures are prevalent. Stick to the truth and use your knowledge and charisma to convince others to see things your way.



Capricorn Don't donate, lend or borrow money or possessions, and be protective of your time as well. You must keep your emotions in check at all times.



**Aquarius** Make suggestions that will help solve any problem you face. Having a viable solution and being willing to compromise will help you bring about positive change.



Pisces Say little and learn a lot. It's in your best interest to gather information and make a careful and comprehensive assessment rather than make assumptions. **EUGENIA LAST** 

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